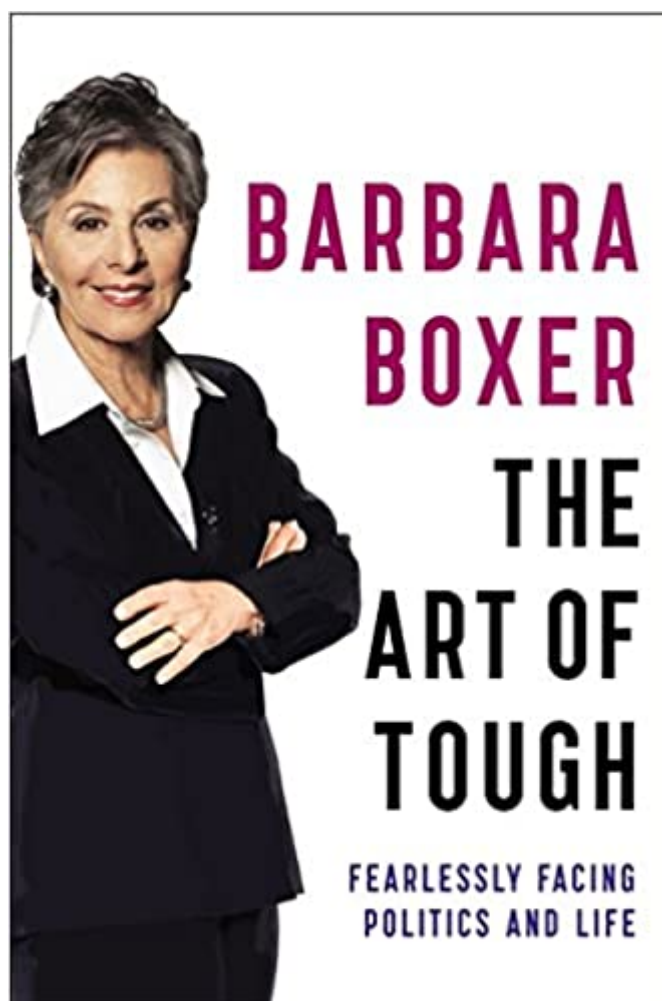


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# The Art Of Tough: Fearlessly Facing Politics And Life



## Synopsis

"One goal of this memoir is to inspire people to fight for change. It takes what I call the Art of Tough and I've had to do it all my life."---Senator Barbara BoxerBarbara Boxer has made her mark, combining compassionate advocacy with scrappiness in a political career spanning more than three decades. Now, retiring from the Senate, she continues the work to which she's dedicated 30 years in Congress. Her memoir, *The Art of Tough*, shares her provocative and touching recollections of service, and cements her commitment to the fight for women, families, quality, environmental protection, all in a peaceful world. Sometimes lauded, sometimes vilified, but always standing tough, Boxer has fought for what is right even when her personal convictions conflicted with her party or the majority rule.

## Customer Reviews

"[Boxer has] an eye for a good anecdote.... a key record of her work." -- Publishers Weekly  
"Anyone who thinks that Washington can't be understood, has no great hearts, and is not crucial to our daily lives will be turned around on all counts by Barbara Boxer's irresistible story of her more than four decades there. Read this as a bridge into the coming political year, and you won't just vote, you'll fight to vote." -- Gloria Steinem, feminist, activist, and author

Barbara Levy Boxer is the junior United States Senator from California, serving since 1993. A lifelong Democrat, she previously served in the House of Representatives for ten years, from 1983 to 1993. Married for more than fifty years, she lives in California, where she raised two children and has four grandchildren.

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10 Days to Superhuman Confidence: Cure Social Anxiety, Destroy Doubt, and Live Fearlessly  
Fearlessly Fit at Home: Your Personal Guide to Getting Fit  
The Sky Is Not Falling: Living Fearlessly in These Turbulent Times  
The Sky Is Not Falling (Library Edition): Living Fearlessly in These Turbulent Times  
The Prayer of Protection: Living Fearlessly in Dangerous Times  
Che-Moment: Life Lessons, Facing Death, and Surviving Cancer (AML M2) Leukemia and Beyond. A Medical Rep's Story of How Faith, Positive Attitude, and Exercise can Beat the Odds.  
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